Editorial

Infections: HIV and related-diseases, anti-microbial resistance and neglected tropical diseases

David Mukunya

PhD Candidate, Centre for International Health, University of Bergen, Norway.

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In this infectious disease section of the June issue of African Health Sciences, we begin with papers on 'the usual suspect' HIV; which contributes a significant portion of disability adjusted life years lost in low and middle-income countries. Howlett reviews HIV neurological disorders in Africa, and characterizes them based on their aetiology into: HIV infection, auto immune, and opportunistic process related disorders¹. Nigerian authors report on adrenocortical deficiency² and Hepatitis B virus³, among HIV patients. Viruses have unexpected effects, which are often ignored by clinicians. Bal et al report on reduced pulmonary function among participants with high Hepatitis C viremia⁴. Ugandan authors classify and describe chronic pain among HIV patients. They report that 1/5th of all HIV patients had chronic pain and this was associated with poor quality of life⁵.

From HIV and related diseases, we turn to anti-microbial resistance:

Anti-microbial resistance is a growing threat world wide, and in this issue, we offer some insight into the subject in the Africa context. Tunisian authors report high prevalence of Extended Spectrum Beta-Lactamase (ESBL) producing bacteria⁶ and on carbapenem resistance mechanisms in Klebsiella Pneumoniae isolates⁷. Crossing over to gram-positive bacteria, Nigerian authors8 report on the phenotypes of methicillin resistant Staphylococcus aureus. Out of Africa, Chinese authors report on multidrug resistant bacteria among patients re-admitted with acute exacerbations of chronic obstructive pulmonary disease (COPD). They found that the commonest potentially pathogenic organism isolated from patients with acute exacerbation of COPD as Pseudomonas aeroginosa9. Saleh et al give us insight into how we can tackle Pseudomonas aeruginosa¹⁰. Ugandan authors report that 9% of culture confirmed TB patients developed recurrent TB, and they determined predictors of recurrence¹¹.

Neglected tropical diseases:

Nigerian authors report that Dengue is a growing public health problem in their country¹², and that levels of stigma against Buruli ulcer disease are high¹³. On the surgical front, Salako et al report that 10% of patients who underwent prostatectomy in a Nigerian Teaching Hospital suffered from a surgical site infection¹⁴, while Omorogiuwa et al report that *Cymbopogoncitratus Stapf* leaf is a potential treatment of male reproductive related infections¹⁵.

Gastrointestinal infections are a major cause of morbidity and mortality in under-5 year olds. One of the greatest public health advances in the last century was the development of vaccines. However the failure to maintain a cold chain renders the efficacy of most vaccines uncertain. Osaretin et al report that a monovalent rotavirus vaccine remained potent after exposure to different temperatures in South Africa¹⁶, which is good news. Subbaram et al recommend immune magnetic polymerase chain reaction for the molecular identification of diarrheal Aeromonas from clinical specimens¹⁷. Babatola et al report that one third of asymptomatic under-five children at a tertiary hospital in South West Nigeria had anti H.Pylori Ig G in their blood; and they determine the risk factors for this sero-positivity¹⁸, this is scary news given that H. Pylori is a group 1 carcinogen.

Enjoy the section!

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