Identification and molecular characterization of Van A-type vancomycin-resistant Enterococcus faecalis in Northeast of Brazil

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The isolation of vancomycin resistant enterococci (VRE) in Brazil has rapidly increased, following the world wide tendency. We report in the present study the first isolation of vancomycin resistant Enterococcus faecalis (VRE) in the Northeast of Brazil. The four VRE isolates were characterized for antimicrobial susceptibility, genotypic typing by macro restriction of chromosomal DNA followed by pulsed-field gel electrophoresis and for characterization of the Tn1546-like element and plasmid contents. The isolates showed resistance to multiple antibiotics and a single genotype profile, suggesting the dissemination of a single clone among the patients. Tn1546 associated to genetic elements as plasmids shows the importance of infection control measures to avoid the spreading of glycopeptide resistance by conjugative transfer of VanA elements.

Key words: vancomycin resistance - Enterococcus faecalis - transposable elements

Enterococci are opportunistic microorganisms, which have emerged as cause of nosocomial infection, usually in patients of long-term hospitalization (Furtado et al. 2005). In the last years, reports on vancomycin-resistant enterococci (VRE) nosocomial infections have rapidly increased in many countries worldwide, and this pathogen is now being recognized of clinical relevance.

High resistance against vancomycin and teicoplanin results from the altered affinity of this glycopeptide for its natural target, which occurs due to acquisition of Tn-1546 carrying vanRSAX genes and elements closely related to it (Courvalin 2006). The transposon encodes the VanH dehydrogenase that reduces pyruvate to D-lac, and the VanA ligase that catalyzes the formation of an ester bond between D-ala and D-lac. The resulting D-ala-D-lac depsipeptide replaces the D-ala-D-ala dipeptide in peptidoglycan synthesis, a substitution that decreases the affinity of the molecule for the antibiotic glycopeptides (Courvalin 2006).

In Brazil, the first VRE isolated occurred in 1996 (Dalla Costa et al. 1998) and many cases have been described thereafter (Zanella at al. 1999, 2003, Dalla Costa et al. 2000, Cereda et al. 2001, Reis et al. 2001, Almeida et al. 2004, Camargo et al. 2004, Furtado et al. 2005). However, those studies were restricted to the Southeast, Central, and South regions of Brazil. Nevertheless, the rapid spreading suggested that novel cases should soon be detected in Northern and North regions as well. In this report we describe the isolation of four VRE in Recife, state of Pernambuco, Northeast of Brazil, which seems to be the first report in this region.

MATERIALS AND METHODS

Bacterial strains and clinical features - The VRE isolates (n = 4) studied were isolated in 2004, from patients of a teaching university hospital (Hospital Universitário Oswaldo Cruz – HUOC), located in the city of Recife, Pernambuco, Northeast of Brazil. The hospital has 342 beds and belongs to the State University of Pernambuco. The bacteria were stored at –80°C. The VRE isolates were collected from four patients at post-surgical period, after being submitted to gastroplastic surgery (one patient), exploratory laparotomy (one patient), and liver transplantation (two patients). They remained in the hospital from 41 to 60 days at intensive care unit (ICU), sharing 10 days all together at the same hospital sector. Two patients died, one of them presenting positive blood culture for VRE.

Isolates were presumptively identified as enterococci by colonial morphology, Gram’s stain, the absence of catalase production, the presence of pyrrolidonylarylamidase by hydrolysis of L-pyrrolidonil-β-naphthylamide (Becton, Dickinson & Co., Franklin Lakes, NJ), tolerance to 6.5% sodium chloride, ability to grow at 10°C and 45°C, growth on bile-esculin agar, with esculin hydrolysis, and growth on tellurite agar.

Susceptibility testing - Screening for antibiotic resistance was performed by disk diffusion method on Mueller-Hinton agar according to “Clinical and Laboratory Standard Institute” guidelines (CLSI 2005) for the following antimicrobial agents: chloramphenicol, penicillin, erythromycin, vancomycin, teicoplanin, ciprofloxacin, gen-
tamycin, streptomycin, ampicillin, linezolid, and tetracycline. The minimum inhibitory concentration (MIC) for vancomycin and teicoplanin was determined by Etest.

The control strains used in this work were *Enterococcus casseliflavus* NCTC 12361, *E. faecium* NCTC 7171, *E. faecalis* NCTC 775, *E. gallinarum* NCTC 12359, *E. faecium* BM 4147 *vanA* genotype, *E. faecium* BM4105, *E. faecalis* JH2-2, and *S. aureus* ATCC 25923 for MIC assays.

**Molecular identification of VRE isolates** - Bacterial DNA was extracted by rapid alkaline lysis method and used as template in amplification reactions according to Depardieu et al. (2004). Briefly, the identification of *E. faecalis* isolates was done by the amplification of the 475-bp fragment corresponding to the *ddl* gene using the primers DD13(+) (5'-CACCTGAAGAAACAGGC-3') and DD3-22(-) (5'-ATGGCTACTTTCAATTACG-3'). Control amplification was performed using the *E. faecalis* JH2-2 reference strain. Additionally, DNA of the *E. faecium* reference strains BM4105 and BM4147 were amplified with the primers FAC1-1(+) (5'-TTGTACACACCGCCCGTCA-3') and FAC2-1(-) (5'-CGCTGATGGATCGATTCAT-3') according to Kostman et al. (1992). Additionally, PCR analysis was performed using the *E. faecium* JH2-2 reference strain.

**Detection of the vanA gene** - The bacterial DNA samples were used for the detection of *vanA* gene using the use of the primers EA1(+) (5'-GGGAAAACGACAATTGC-3') and EA2(-) (5'-GTACAATGCGGCCGTTA-3') according to Depardieu et al. (2004).

**Genotyping analysis** - The bacterial isolates were submitted to two different approaches: polymerase chain reaction (PCR)-fingerprinting and pulsed-field gel electrophoresis (PFGE). For PCR-fingerprinting, total genomic DNA of the strains was obtained by alkaline lysis (Birnboim and Doly 1979), and the profiles were compared after electrophoresis on 1% agarose gels. The size of plasmids was measured by comparing their mobility with those of plasmids of known size as the ones from *E. coli* V517 (NCTC 50193) and *E. coli* 39R861 (NCTC 50192).

**Plasmid profiles** - Plasmids DNA were extracted by alkaline lysis (Birnboim and Doly 1979), and the profiles were compared after electrophoresis on 1% agarose gels. The size of plasmids were measured by comparing their mobility with those of plasmids of known size as the ones from *E. coli* V517 (NCTC 50193) and *E. coli* 39R861 (NCTC 50192).

**Southern hybridization and digestion with EcoRI** - Plasmids were digested with EcoRI, transferred onto nylon membrane and also hybridized with digoxigenin-labelled probe for the *vanA* gene. Plasmid DNA was Southern blotted onto nylon membranes (Hybond-N+). The blot was hybridized with digoxigenin-labelled *vanA*-specific probe. This probe was prepared by PCR from genomic DNA of the strain *E. faecium* BM 4147 with primers and conditions previously described (Coque et al. 1998) except that the concentration of dTTP (10 mM) was reduced and digoxigenin-labelled dUTP (1 mM) was included. Hybridization was performed according to the DIG System user’s guide for filter hybridization (Roche, Germany).

**RESULTS**

**Bacterial identification** - The isolates were confirmed for the species *E. faecalis* by conventional biochemical tests and subsequently by the amplification of the species-specific 475 bp fragment of *ddl* gene (Fig. 1).

![Fig. 1: bacterial identification by specific polymerase chain reaction (PCR) for *ddl* gene of *Enterococcus faecium* (*Ddl*+) and *E. faecalis* (*Ddl*++) and PCR detection of the *vanA* gene. Lanes - 1-4: clinical isolates of *E. faecalis* Ef-1 to Ef-4; 5: *E. faecium* BM4147 (*vanA* positive, reference strain); 6: *E. faecalis* JH2-2 (susceptible, reference strain); 7: *E. faecium* BM4105 (susceptible, reference strain).]
Bacterial susceptibility - The four isolates displayed the same susceptibility profiles, showing concomitant resistance to chloramphenicol, penicillin, erythromycin, teicoplanin, ciprofloxacin, and tetracycline. It was also detected high level of aminoglicoside resistance (gentamicin and streptomycin). On the other hand, all the isolates were susceptible to ampicillin and linezolide in disk diffusion tests. MIC for vancomycin and teicoplanin was higher than 256 µg/ml.

Van gene detection - All isolates harbored the vanA gene as demonstrated by PCR analysis (Fig. 1), which confirmed the phenotype of resistance to both vancomycin and teicoplanin.

Genotyping analysis of chromosomal DNA - Genetic analysis by rDNA and tDNA markers showed the same pattern for all the isolates and for the reference strain (Fig. 2), which was corroborated by the identical PFGE patterns (Fig. 3). It indicates the clonality among these isolates.

Detection of Tn1546-like elements and plasmids - The presence of the Tn1546-like elements harboring the vanRS1AX genes was confirmed for all VRE isolates by L-PCR method (Fig. 4a). Moreover, enzymatic digestion of this fragment with Clal and Ddel showed the expected results for the complete sequence of the transposon. All results indicated the integrity of the Tn1546 in these VRE isolates.

The plasmid analysis showed the presence of a 70 kb plasmid DNA for all isolates (Fig. 4b) and Southern hybridization revealed that those plasmids harbored copies of the vanA gene (Fig. 4c). Positive vanA hybridization in the chromosomal DNA band in the plasmid extractions suggests a second copy of the Tn1546. In addition, Southern hybridization showed positive hybridization to the 4.3 kb EcoRI fragment of these plasmids with vanA probe (data not shown).

DISCUSSION

The emergence of vancomycin resistant enterococci changed the clinical relevance of enterococcal infections through the world. In Southeast of Brazil, the isolation of such pathogens is more frequent, since many works have been reporting their rapid emergency (Dalla Costa et al. 2000, Zanella et al. 1999, 2003, Reis et al. 2001, Cereda et al. 2001, Almeida et al. 2004, Furtado et al. 2005). In the present study we describe the first isolation of a vancomycin-resistant E. faecalis in Recife, Northeast Brazil, indicating that the vancomycin resistance might be rapidly spreading through the country. Due to the phenotype of high level of vancomycin resistance, the isolates were tested for the presence of specific resistance genes (vanA and vanB) by PCR, which indicated the presence of the vanA gene. The isolates investigated showed 100% of susceptibility to ampicillin, similarly to the results reported by Reis et al. (2001). However, they were highly resistant to aminoglicosides, limiting thus the success of such asso-
as an appropriate therapeutic option. Linezolide was highly effective against all the isolates, indicating it was also observed by Panesso et al. (2002). Linezolide resistance of enterococci to multiple antibiotics is common, as previously described by PCR-tDNA for Enterococci (Baele et al. 2000). PFGE analysis has been long used for monitoring the dissemination of VRE clones in different countries (Suppola et al. 1999, Duckro et al. 2005, Stampone et al. 2005). Our data on PFGE strongly suggested the dissemination of a single VRE clone among the hospitalized patients in Recife. Moreover, three isolates were originated from the same hospital sector while one isolate was from a different one. The PFGE profile observed for the E. faecalis analyzed in the present study was closely related to those found in other states of Brazil (São Paulo, Paraná, Rio Grande do Sul, and Minas Gerais), indicating a clonal spread among this specie in Brazil (Palazzo et al. 2006).

In conclusion, the VRE cases in Recife were result of a single clone that disseminated for different patients and hospital environments. The Tn1546 integrity and vanA gene associated to plasmids may facilitate the dissemination of vancomycin resistance among enterococci. One important implication of VRE infections is that the antibiotic therapy is now compromised. The results pointed out for the importance of the rational use of vancomycin and the execution of infection control measures as well.

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