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Adsorptive removal of cobalt ions on raw and alkali-treated lemon peels

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Abstract Batch-wise biosorption of Co(II) from aqueous cobalt nitrate solution of different concentrations has been carried out on raw and NaOH-treated lemon peels. They were characterized by Fourier transform infrared spectroscopy, scanning electron microscopy, energy-dispersive X-ray spectroscopy, thermogravimetric analysis and Brunauer-Emmett-Teller surface area analysis. The influence of biosorbent dose, pH, contact time and temperature on the adsorption process has been studied. Maximum adsorption was observed at pH 6. The equilibrium adsorption on raw and NaOH-treated lemon peels was achieved in 150 and 210 min, the maximum adsorption capacity being 20.83 and 35.71 mg/g, respectively. Energy-dispersive X-ray spectroscopy and desorption study confirmed that the mechanism of adsorption is ion exchange. The Langmuir isotherm and pseudosecond-order kinetic model gave the best fit for the adsorption of Co(II). The desorption was found to be more than 96 % using 0.1 N HCl, and the adsorbent could be reused three times with intermediate alkaline regeneration stage. Experiments to establish the effect of competing metal ions on biosorption capacity were also performed. Thus, NaOH-treated lemon peels have shown the potential as a good biosorbent for treating industrial wastewater at low cobalt concentration.

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S. R. Shukla srshukla19@gmail.com **Keywords** Biosorption · Cobalt(II) · Langmuir · Pseudosecond order · Synthetic wastewater

Introduction

The release of metal salts into effluents is exceptionally detrimental to the living organisms. Metal ions pass through the food chain and ultimately get bioaccumulated in the body of living beings. These are nonbiodegradable and many times toxic, and hence, their removal is essential (Hlihor et al. 2013).

Cobalt is one of the most important strategic metals because of its use in the production of super alloys, permanent magnets, lithium ion batteries, electronic devices and many modern warfare systems. Cobalt is used in electroplating, metallurgical, mining, paint and petrochemical industry and present in the wastewater of nuclear power plants (Suhasini et al. 1999; Manohar et al. 2006).

Cobalt as a contaminant has many ill effects on human health such as imparting bronchial asthma, cardiomyopathy and neurotoxicological disorders such as headaches and changes in reflexes, nausea and vomiting. Continuous exposure to cobalt results in paralysis, diarrhea, low blood pressure, lung irritation, bone defects and even cancer (Awadalla and Pesic 1992; Parab et al. 2006; Ahmadpour et al. 2009). The permissible limit of cobalt in wastewater from industry is 1.0 mg/L, and in potable water, it is 0.05 mg/L (Manohar et al. 2006; the environmental management (water quality standards) regulations 2007.

Biosorption is defined as a metabolically independent process in which passive uptake of metal ions takes place from an aqueous solution. Conventional treatment techniques used for metal removal are either expensive or inefficient, especially when the heavy metal concentration is



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below 100 mg/L. Activated carbon produced from agricultural and industrial wastes has been used efficiently for metal removal; however, the cost and regeneration is the major concern. As a solution to all these problems, biosorption is an advantageous technique for the industry and the society (O'Connell et al. 2008; Ekmekyapar et al. 2012; Ileri et al. 2014; Rouhollahi et al. 2014).

Literature survey has shown that the various adsorbents experimented so far for cobalt removal are Al-pillared bentonite clay (Manohar et al. 2006), AMTTM metal removing agent (Awadalla and Pesic 1992), Kaolinite (Yavuz et al. 2003), PFB1 (fungal-based biosorbent) (Suhasini et al. 1999), pretreated arca green hull (Dahiya et al. 2008), almond green hull (Ahmadpour et al. 2009), Coir pith (Parab et al. 2006), *Schizandra chinesis* fruit peel (Koduru et al. 2014) and *Saccharum bengalense* (Din et al. 2013).

Earlier work on coir, jute, sawdust, groundnut shells and *citrus limmeta* peels both in their raw and modified forms has shown their potential to adsorb Pb(II) (Pai and Shukla 2005a; Suryavanshi and Shukla 2010), Ni(II), Zn(II), Fe(II) and Cu(II) (Pai and Shukla 2005b; Shukla and Shukla 2013) ions from their aqueous solutions.

Lemon peels were selected as they contain polysaccharides such as pectin (33.87 %) and cellulose (14.35 %), which are rich in functional groups such as carboxylic (in galacturonic acids) and hydroxyl (in cellulose) as compared to other citrus fruit peels and known to bind divalent cations (Thirumavalavan et al. 2010; Thirumavalavan et al. 2011). Apart from the richness of functional groups, physical stability, low cost and easy availability of lemon peels were the additional factors considered for the selection.

In the present work, raw lemon peels were treated with different chemicals and checked for their adsorptive capacity to remove Co(II) from aqueous solution.

This work was conducted at the Department of Fibres and Textile Processing Technology, Institute of Chemical Technology, Matunga, Mumbai, 400019, India, between January, 2014, and November, 2014.

Materials and methods

Preparation of the biosorbent

The lemon peels were collected from the local fruit market, washed thoroughly with water to remove dust and dried for 24 h in an oven at 60 °C. The peels were crushed in a domestic mixer, washed again with demineralized water until colorless filtrate was obtained and then dried in an oven for 24 h at 60 °C and sieved to approximately 1 mm size. These are called as raw lemon peels (RLP).



Pretreatment of biosorbent

The RLP particles (approximately 10 g) were slowly agitated with 100 mL of different agents (20 % iso-propanol, 0.1 N NaOH, 0.1 N HCl, 0.1 N H₂SO₄, 0.1 N HNO₃, 50 % H₂O₂) for 4 h at 30 °C to check the enhancement in the adsorption capacity and biomass loss, if any. After each treatment, the RLP particles were washed with demineralized water till neutral pH, dried in an oven at 60 °C for 24 h and weighed to estimate the biomass loss (S 1). All the chemicals used were of analytical reagent grade. The peels treated with NaOH were called as alkalitreated lemon peels (ALP). Biomass loss during pretreatment was estimated gravimetrically.

Determination of the point of zero charge

The point of zero charge (PZC) for the lemon peels was determined by the method reported by Leyva-Ramos et al. (2005). Deionized water (100 mL), taken in an Erlenmeyer flask, was boiled for 20 min to remove CO_2 dissolved in the water. The CO_2 free water was quickly cooled, and the flask was immediately capped. This water is considered to be neutral. The adsorbent (0.5 g) was placed in a 25-mL Erlenmeyer flask to which 10 mL of CO_2 free deionized water was added. The flask was sealed with a rubber stopper and agitated for 48 h at 25 °C. The pH of the solution measured after this duration was the PZC.

Preparation of metal ion solution

A stock solution of about 1000 mg/L concentration of Co(II) was prepared by dissolving cobalt nitrate (Thomas Baker) in demineralized water. All the required metal concentrations were prepared by diluting the stock solution with demineralized water. Standard solution (1000 mg/L) of Co(II) for atomic absorption spectrometer (AAS) was supplied by Merck (I) Ltd. Analytical grade sodium hydroxide, hydrochloric acid and iso-propanol were supplied by SD Fine Chemicals (India) Ltd. Demineralized water was used to carry out all the experiments.

Biomass characterization

Scanning electron microscope (SEM) (JEOL JSM 6380LA, Japan) was used to study differences in surface morphology of lemon peels before and after the alkali treatment (0.1 N NaOH, 30 °C, 4 h). In order to prevent charging, the samples were coated with a thin layer of gold using a sputter coater and examined under the SEM at 20 kV with an angle of 45° . The distance of sample from the sample probe was 10 mm.

The attenuated total reflectance (ATR) spectra of RLP, ALP and metal-loaded alkali lemon peels (MALP) were recorded with Shimadzu 8400S Fourier transform infrared (FTIR) spectrometer to determine the possible conversion of the functional groups. Fifty scans were recorded on each sample on ATR sampling unit with a resolution of 2 cm⁻¹.

Surface area measurement, pore size and pore volume distribution analysis of RLP and ALP were carried out by nitrogen adsorption–desorption method on Micromeritics ASAP 2010 instrument at a degas temperature of 50 °C after the sample was kept under high vacuum at -198 °C for 4 h to remove moisture and volatile components.

Thermogravimetric analysis (TGA) was carried out on Shimadzu model DTG-60H operated under nitrogen atmosphere at a heating rate of 10 °C/min from 33 to 500 °C.

Determination of accessibility by iso-propanol retention

RLP and ALP accessibility was determined by iso-propanol retention method, based on displacement of water absorbed by the peels with iso-propanol without swelling of the material and removal of extraneous liquid by centrifuging. The experimental procedure has been reported earlier (Pai and Shukla 2005b).

Batch-wise adsorption studies

The batch-wise adsorption was carried out at room temperature (30 °C) to study the influence of different parameters on the biosorption process. Unless otherwise specified, all the studies were carried out with 0.1 g of RLP and ALP biomass mixed with 50 mL of Co(II)solution (100 mg/L). Thus, 0.1 g of biosorbent was immersed in 50 mL of metal ion solution of varying initial concentrations ranging from 25 to 600 mg/L in a 100-mL Erlenmeyer flask and kept for agitation on an orbital shaker (Rossari Biotech Ltd, Mumbai) at a constant speed of 150 rpm for 6 h. It was then filtered with Whatman filter paper no. 42, diluted to appropriate concentration, few drops of 0.1 N HCl added, and the left over Co(II) was estimated on atomic absorption spectrometer (AAS) (model GBC 932 plus, Australia) with an air-acetylene flame at a wavelength of 240.7 nm and slit width of 0.2 nm. The quantity of metal adsorbed at equilibrium was calculated by the following expression:

$$q_{\rm e} = \frac{(C_{\rm i} - C_{\rm e})V}{m} \tag{1}$$

where q_e is the equilibrium adsorption capacity (mg/g), C_i and C_e are the initial and equilibrium metal ion concentrations (mg/L), respectively, V is the volume of the solution (L), and m is the mass of adsorbent (g).

"A" grade apparatus was used for all the experiments. Experiments were performed in triplicate and mean value reported. No metal ion adsorption takes place on the walls of the glass apparatus used.

Effect of RLP pretreatment on metal removal

The influence of pretreatments on the RLP adsorption capacity was evaluated by agitating about 0.1 g of the pretreated sample with 50 mL of Co(II) solution (100 mg/L) in an Erlenmeyer flask kept at 30 °C on an orbital shaker machine at 150 rpm for 6 h. The solution obtained after filtering the suspension through Whatman filter paper no. 42 was acidified with 0.1 N HCl, and the Co(II) concentration was determined using AAS.

Kinetic study

The kinetics was carried out by stirring 0.4 g of biosorbent in 200 mL of 100 mg/L cobalt ion solution maintained at an optimum pH of 6 in a 250-mL of Erlenmeyer flask at room temperature (30 °C). The stirring was continued up to 300 min, solution was withdrawn at predetermined time interval by a syringe, filtered, and the Co(II) ion concentration in the filtrate was estimated.

Adsorption isotherm

The linearized form of the Langmuir equation is:

$$\frac{C_{\rm e}}{q_{\rm e}} = \frac{1}{q_{\rm max}b} + \frac{C_{\rm e}}{q_{\rm max}} \tag{2}$$

where q_e is the equilibrium metal ion uptake (mg/g), q_{max} represents the maximum uptake of metal ion (mg/g), *b* is a constant related to the energy of adsorption (L/mg), and C_e is the equilibrium concentration of the metal ion in solution (mg/L) (Langmuir 1918).

 q_{max} and b can be determined from the linear plot of C_e/q_e versus C_e .

 $R_{\rm L}$, referred to as separation factor or equilibrium factor, provides information about spontaneity of the adsorption process. It is given by the following equation:

$$R_L = \frac{1}{1 + bC_i} \tag{3}$$

where *b* is the Langmuir constant and C_i is the initial Co(II) ions concentration in mg/L. The adsorption process is favorable if $0 < R_L < 1$ (Singh et al. 2014).

The linearized Freundlich equation in logarithmic form is given (Freundlich 1906) as

$$\log q_{\rm e} = K_{\rm f} + \left(\frac{1}{n}\right) \log C_{\rm e} \tag{4}$$



where $K_{\rm f}$ is adsorption capacity and *n* is a dimensionless component related to the energy of adsorption, i.e., adsorption intensity.

 $K_{\rm f}$ and (1/n) can be determined by plotting log $q_{\rm e}$ versus log $C_{\rm e}$.

Sips is a three parameter isotherm which is the combination of both Langmuir and Freundlich isotherm applicable for explaining heterogeneous adsorption system.

It has the following form (Sips 1948)

$$q_{\rm eq} = \frac{k_{\rm s} C_{\rm eq}^{n_{\rm s}}}{1 + a_{\rm s} k_{\rm s} C_{\rm eq}^{n_{\rm s}}} \tag{5}$$

where k_s is the Sips model isotherm constant (L/g), a_s is the Sips model constant (L/mg), and n_s is the Sips model exponent. At low metal concentration, it reduces to Freundlich isotherm and thus does not obey Henry's law. At high concentration, it gives monolayer formation which results into a Langmuir isotherm with distinctive feature of n_s , i.e., the Sips model exponent.

Adsorption kinetics

The linearized version of pseudofirst-order model is obtained as follows (Lagergren 1898):

$$\log (q_{\rm e} - q_{\rm t}) = \log q_{\rm e} - \left(\frac{K_1}{2.303}\right)t.$$
 (6)

The plot of log $(q_e - q_t)$ versus t gives the rate constant and q_e from the slope and the intercept, respectively.

The pseudosecond-order reaction kinetics is expressed as follows (Ho and Wang 2004)

$$\frac{\mathrm{d}q}{\mathrm{d}t} = K_2 (q_\mathrm{e} - q_t)^2 \tag{7}$$

where K_2 is the rate constant of pseudosecond-order adsorption (g/mg min). Applying boundary conditions, t = 0 to t and $q_t = 0$ to q_t , the integrated and linearized form of the equation becomes:

$$\frac{t}{q_t} = \frac{1}{K_2 q_e^2} + \frac{t}{q_e}.$$
(8)

If the initial adsorption rate $h \pmod{g \min}$ is given by

$$h = K_2 q_{\rm e}^2 \tag{9}$$

then it changes to

$$\frac{t}{q_t} = \frac{1}{h} + \frac{t}{q_e}.$$
(10)

The pseudosecond-order plot is developed by plotting $\frac{t}{q_t}$ versus *t*. The values of q_e and K_2 may be calculated from the slope and the intercept, respectively.

Intraparticle diffusion model proposed by Weber and Morris (Weber and Morris 1963) is given by

$$q_t = k_i t^{1/2} + c \tag{11}$$

where $q_t \text{ (mg/g)}$ is the metal ion adsorbed at time *t*, $k_i \text{ (mg/g)}$ g h^{1/2}) is the intraparticle diffusion rate constant, and c (mg/g) is intercept linked to the boundary layer thickness. The plot of q_t as a function of square root of time gives the value of k_i . Straight line plot passing through the origin indicates that the adsorption follows intraparticle diffusion kinetics.

Effect of competing cations and anions

In order to study the effect of various competing ions on Co(II) adsorption, ALP experiments were performed by adding 50 and 100 mg/L solutions of interfering ions (Na⁺, K⁺, Ca²⁺, Mg²⁺ and Cl⁻, NO³⁻, SO₄²⁻) to 50 mL of 100 mg/L Co(II) solution containing 0.1 g of biosorbent maintained at pH 6 and room temperature (30 °C). The residual Co(II) concentration in solution was analyzed by AAS.

Desorption and regeneration

The desorption of metal ions from metal-loaded RLP and ALP was achieved by agitating the metal-loaded adsorbent (0.4 g) on an orbital shaker with 50 mL of 0.1 N HCl at room temperature in 100-mL Erlenmeyer flask. The amount of metal ions desorbed in acid solution was determined by AAS. All of the experiments were repeated thrice and the average values reported.

The desorption efficiency was calculated by,

Desorption (%) =
$$\frac{q_{\rm d}}{q_{\rm a}} \times 100$$
 (12)

where q_d is the amount of metal ion desorbed (mg/L) and q_a is the amount of metal ion adsorbed (mg/L).

After desorption, the biosorbents were washed thoroughly with demineralized water and agitated with 50 mL of 0.01 N NaOH for 60 min on an orbital shaker at room temperature (30 °C) for regeneration, washed with demineralized water till neutral pH, dried in an oven and then reused for adsorption study. The experiment was also performed without treatment with NaOH. Three cycles of adsorption–desorption were carried out.

Preparation of synthetic wastewater

Synthetic wastewater randomly containing 30 mg/L Co(II) along with the addition of another heavy metal (Pb(II), 5 mg/L)) and an organic pollutant (phenol, 5 mg/L) was prepared and subjected to adsorption on a column loaded with ALP.



Statistical analysis

To establish the model fit, mean squared errors (*MSE*) were calculated as follows:

$$MSE = \frac{\sum_{1}^{p} (q - q_m)^2}{p}$$
(13)

where q is the experimental metal uptake data, q_m is the corresponding model prediction of the uptake, and p is the number of data points for each set.

Results and discussion

Effect of pretreatment

Pretreatment removes surface impurities and exposes more active binding sites on the surface of the biosorbent. The importance of cellulose, hemicelluloses and lignin in heavy metal biosorption has been well established, which is mainly attributed to the presence of carboxylic and hydroxyl groups (Suryavanshi and Shukla 2010; Thirumavalavan et al. 2010). RLP was treated with different chemicals (S 1). Out of these, iso-propanol is responsible for eliminating some soluble components without affecting the nature and amount of metal binding sites present in the biomass. Acids used for the pretreatment may dissolve the cell walls of the biomass, thus resulting into opening up of the physical structure to enhance the number of binding sites available. Oxidative pretreatment also has been shown to increase the adsorption capacity of cellulosic biomass such as jute and coir (Pai and Shukla 2005b; Suryavanshi and Shukla 2009).

Biomass loss was observed during the pretreatments of RLP. The maximum weight loss of 19.4 % was recorded when RLP was treated with 0.1 N HCl, whereas the minimum weight loss of 5.1 % was observed when the treatment was with 20 % iso-propanol.

Batch experiments were performed on the sorption of Co(II) with untreated as well as variously treated RLP, and comparative adsorption capacities are presented in S 1. The increase in adsorption capacity (25.43 mg/g) was found to be maximum only in case of alkali (0.1 N NaOH, 30 °C, 4 h) treatment with a biomass loss of 14.7 % during the pretreatment. This alkali-treated biomass was designated ALP.

Among all the given treatments, alkali treatment was therefore adopted as it is a cheap, environment friendly treatment, which showed maximum adsorption capacity. The treatment results in change in the surface morphology and crystallinity of RLP, causes removal of organic substances and modifies/exposes more functional groups. Also, the protonation of carboxylate groups of the pectin molecules is prevented, which restricts the formation of hydrogen bonds, a condition that is favorable for hydration. The carboxylic groups on the surface of the cell wall are exposed, and the H⁺ type of functional groups get converted into the Na⁺ type, which help in preferential ion exchange, so that Co(II) ions can be bound more easily (Pai and Shukla 2005b; Suryavanshi and Shukla 2010).

Biosorbent selection for industrial application mainly depends on the economic perspective. Hence, it is important to measure the biomass loss caused by a treatment in conjunction with the quantitative biosorption performance, since enhancement in the adsorption capacity may be offset to some extent due to the biomass loss. A detailed analysis of the price of the chemicals, biomass loss after the pretreatment and the assessment of adsorption capacity resulted in the selection of ALP, which was obtained by the pretreatment of RLP with 0.1 N NaOH at 30 °C for 4 h.

Biosorbent characterization

The SEM images of RLP (Fig. 1a) and ALP (Fig. 1b) showed the presence of pores and cavities on the surface. The alkali treatment changed the morphology and texture of ALP making the grooves and fissures more clearly visible. Alkali treatment led to opening of the pores. The increased surface area of ALP is attributed to the enhancement in porosity, exposing more functional groups for adsorption. Figure 1c shows that in the case of MALP; the pores mostly get covered and/or disappear.

Thirumavalavan et al. (2010) have reported that ALP possesses higher amount of carboxyl groups as a result of saponification of protein and other organic matter but decreased amounts of phenolic and lactone contents in comparison with RLP. The broad and strong peak of absorption observed in the range of $3600-2500 \text{ cm}^{-1}$ is because of O-H stretching vibration due to inter- and intramolecular hydrogen bonding of polymeric compounds (macromolecular associations) such as alcohols, phenols and carboxylic acids present in pectin, cellulose and lignin. The peak at 1726 cm^{-1} in case of RLP is due to ester carbonyl (C=O) group which has disappeared in ALP due to hydrolysis of this group into carboxyl group. Same was the observation in case of MALP. The peak around 1612 cm⁻¹ is due to carboxylate ion (COO⁻) stretching vibration (Fig. 2). No shifts in major IR bands were





Fig. 1 SEM micrographs of a RLP, b ALP, c MALP

observed. Similar results have been reported by other researchers (Thirumavalavan et al. 2010; Thirumavalavan et al. 2011).

The surface area of the adsorbent plays very important role in the adsorption process. From S 2, it may be observed that alkali treatment caused an increase in the Brunauer–Emmett–Teller (BET) surface area, adsorption average pore width as well as in the total volume in pores. The % increase in BET surface area for ALP as compared to RLP is 78.02 %. The increased adsorption capacity of ALP is attributed to enhanced internal surface area, which is clear from the BET analysis and SEM image.

Thermal stability of the biosorbent is an important parameter to check the applicability of biosorbent in industry. It may be checked by calculating total weight loss of RLP and ALP during TGA analysis. The biosorbents, when heated from 33 to 500 °C, showed three distinct steps of decomposition. In the first step, from 33 to 150 °C, around 10 % weight loss was observed for both RLP and ALP due to loss of moisture. The maximum weight loss occurred during the next step (150 to 300 °C) caused by the decomposition of all cellulosic matter at around 300 °C. More thermally stable components, such as lignin, decompose at around 400 °C during the third step of heating in the range of 300-500 °C (S 3) (Sharma et al. 2004). Total weight loss in case of RLP and ALP is 71.89 and 66.79 %, respectively, indicating that ALP is thermally more stable as compared to RLP (S 2).

Iso-propanol retention

It is a recognized technique to evaluate the increase in accessibility of a cellulosic material caused due to any inter crystalline swelling agent, which ruptures the inter-chain hydrogen bonds (Andrews and Oberg 1963). The technique, therefore, offers better understanding about the accessible structure of the adsorbent more or less in a comparative manner to estimate the effect exerted on openness of cellulosic structure caused by any modification. Apart from the chemical nature of the adsorbing material, the openness or accessibility of its physical structure also plays a crucial role in allowing metal ions to be adsorbed on the external as well as internal crystallite surfaces of the material. The % increase in iso-propanol retention for ALP as compared to RLP is 69.73 % (S 2). The results are in agreement with SEM and BET, explaining the higher adsorption capacity of ALP.

Effect of pH

The solution pH is of utmost importance in metal ion adsorption studies, as it plays a vital role in speciation of metal ions in solution, and also in determining the ionization state of different functional groups on the biosorbent surface. Cobalt is primarily present as Co(II) cation in broad pH range from 2.0 to 7.5. The concentration of







Co(II) begins to decline at pH 8.0. Ionic forms (CoCl⁺, CoOH⁺, Co₄(OH)⁴⁺, Co(OH)⁻₃) are present in considerable amounts in solution between pH 8.0 and 12.0. The pH range studied in the present work is between 3.0 and 7.0, and hence, Co(II) presence predominates largely in this pH range (Marešová et al. 2011). They have also described the speciation diagram of Co(II).

The effect of pH on metal ion biosorption can also be studied in terms of PZC which was found to be 4.45 and 6.89, for RLP and ALP, respectively. PZC of ALP is higher than RLP as a result of saponification of protein and other organic matter increasing the carboxyl content. If the pH of a metal ion solution is greater than pH_{PZC}, then metal ion adsorption increases due to the availability of more functional groups such as carboxyl and hydroxyl on the adsorbent. At pH < pH_{PZC}, the major metal species are positively charged. Therefore, uptake of metals is M_1^{n+} - M_2^{m+} ($M_1^{n+} = Na^+$ present on the adsorbent surface; $M_2^{m+} = Co^{2+}$) exchange process (Li et al. 2008; Thirumavalavan et al. 2010).

The approach of metal cations to the surface of biosorbent is limited at lower pH as a result of repulsion by the biosorbent ligands strongly associated with hydronium ions (H_3O^+) (Aksu 2001). At acidic pH (pH 3.0), the protonation of the functional groups such as carboxyl and hydroxyl results in decrease in the adsorption capacity (Fig. 3a). As pH increases, deprotonation of functional

groups takes place and the negative charge density on the surface increases resulting in enhanced biosorption. Another possible explanation is that with increasing pH, solubility of many metal ions decreases, and therefore, the degree of hydration of a metal ion reduces (i.e., less energy is required for removal or reorientation of water molecules associated in hydration with a metal ion). Similar results were obtained in the case of PFB1 by Suhasini et al. (1999).

Effect of biomass dosage

The adsorption was found to increase with the amount of biosorbent, since the number of active sites available for adsorption increase. With increase in the ALP dosage from 1 to 2 g/L, the adsorption capacity decreased only slightly from 26.52 to 25.17 mg/g, but the adsorption almost doubled from 26.52 to 54.36 % (Fig. 3b). Further increase in the biomass dose led to decreased adsorption capacity with increase in % adsorption. The decrease in adsorption capacity may be attributed to the reduction in available surface area due to agglomeration of biosorbent particles at higher dose of biosorbent as well as the combined effect of various factors such as electrostatic interactions, insufficient accessibility of solute, hindrance among binding sites, and lesser mixing (Gupta and Rastogi 2009). Hence, 2 g/L adsorbent was taken as the optimum.





Fig. 3 a Effect of pH (biosorbent dose = 2 g/L, $C_0 = 100$ mg/L, shaking speed = 150 rpm, contact time = 6 h, temperature = 30 °C). **b** Effect of biosorbent dose ($C_0 = 100$ mg/L, pH = 6, shaking speed = 150 rpm, $C_0 = 100$ mg/L, contact time = 6 h, temperature = 30 °C)

Effect of contact time

Contact time significantly influences the biosorption efficiency. S 4 shows that the equilibrium for Co(II) uptake was achieved in 150 min in case of RLP and 210 min for ALP. In the beginning, all the sites on the surface are available and the solute concentration gradient is reasonably high. Subsequently, with the increase in contact time, the amount of cobalt ion uptake decreases, as a result of decrease in the number of available vacant sites on the surface of RLP and ALP. These results are similar to those reported by Dahiya et al. (2008). The plot of metal uptake versus time shows smooth curve resulting into saturation, signifying probable monolayer coverage of metal ions on the biosorbent surface (S 4).

Effect of temperature

The increase in temperature from 30 to 40 °C decreased the adsorption capacity of RLP and ALP by 13.29 and 5.76 %, respectively, and thereafter, it remained nearly constant till





Fig. 4 Nonlinearized Langmuir, Freundlich and Sips isotherm for sorption of Co(II) ions on **a** RLP and **b** ALP (biosorbent dose = 2 g/L, pH = 6, shaking speed = 150 rpm, contact time = 6 h, temperature = 30 °C)

60 °C (S 5). Thus, the adsorption of Co(II) is an exothermic process. As per the adsorption theory, desorption of adsorbed molecules from the surface of substrate takes place with increase in temperature, resulting in decrease in the adsorption (Zubair et al. 2008). Aksu (2001) also observed the same for adsorption of Cd(II) on *C. vulgaris*.

Isotherm studies

Nonlinearized Langmuir, Freundlich and Sips isotherms of RLP and ALP are plotted in Fig. 4a, b, and the values of their constants and corresponding correlation coefficients are given in Table 1. As a constant amount of biomass (0.1 g) was added to the solution, the number of binding sites was constant. With increase in the Co(II) concentration, q_e increased till the biomass saturated and no further sites were available for adsorption. As a result, biosorption was initially rapid but slowed down progressively as more and more sites got occupied. The equilibrium data obtained

 Table 1
 Equilibrium isotherm parameters for biosorption of Co(II) on RLP and ALP

	Linear		Nonlinear	
	RLP	ALP	RLP	ALP
Langmuir				
$q_{\rm max}~({\rm mg/g})$	20.83	35.71	19.58	32.85
b (L/mg)	0.047	0.068	0.070	0.111
r^2	0.998	0.998	0.980	0.980
R _L	0.037	0.026	0.025	0.016
MSE	1.20	2.81	2.41	3.72
Freundlich				
$K_{ m f}$	6.15	8.87	6.89	12.45
n	4.90	4.67	5.53	5.61
r^2	0.955	0.985	0.959	0.978
MSE	3.42	4.92	3.71	4.29
Sips				
$k_{\rm s}$ (L/g)			5.60	10.31
n _s			0.416	0.484
$a_{\rm s}$ (L/mg)			0.199	0.243
r^2			0.973	0.978
MSE			3.12	3.98
$q_{\rm e expt}.(\rm mg/g)$				
RLP	20.01			
ALP	34.35			

for the adsorption of Co(II) onto RLP and ALP were also fitted to the linear Langmuir equation. Linear plot of C_e/q_e versus $C_{\rm e}$ gave the Langmuir adsorption maxima $(q_{\rm max})$ value of 20.83 and 35.71 mg/g for RLP and ALP, respectively. Langmuir equilibrium constant (b) was 0.047 and 0.068 L/mg for RLP and ALP. RL value between 0 and 1 proved that the Langmuir isotherm is favorable. The q_{max} value obtained from the nonlinear isotherm was 19.58 and 32.85 mg/g for RLP and ALP. Langmuir model was found to give better fit than Freundlich for both the adsorbents as indicated by the value of r^2 which are close to 1. Also, the maximum adsorption capacity achieved from the Langmuir isotherm was equivalent to the monolayer capacity of the RLP and ALP. Higher value of b for ALP as compared to RLP indicates more affinity of Co(II) for the former. This was confirmed during desorption studies where less amount of Co(II) was desorbed from ALP as compared to RLP. Alkali treatment converts carboxylic acid groups into Na carboxylates, which have better affinity and binding capacity. Concentration range up to 600 mg/L was selected to achieve the saturation of the biosorbent.

In case of Freundlich isotherm, $K_{\rm f}$ value increased from 6.15 to 8.87 on modification of peels, clearly indicating higher adsorption capacity of ALP. The value of *n* in case

of both linear and nonlinear forms of Freundlich isotherm was found to be 1 < n < 10 indicating favorable adsorption. Sips model provides better correlation of the equilibrium data, since it involves three fitting parameters. The values of Sips constant, which is a measure of affinity for RLP and ALP, were 5.60 and 10.31, respectively, confirming higher affinity of ALP.

Thus, the adsorption of Co(II) on lemon peels followed Langmuir isotherm, which is in confirmation to earlier reports (Suhasini et al. 1999; Manohar et al. 2006; Parab et al. 2006; Bhatnagar et al. 2010). The q_{max} values calculated for RLP and ALP using Langmuir isotherm are comparable with the earlier reported adsorbents (Yavuz et al. 2003; Parab et al. 2006; Dahiya et al. 2008; Ahmadpour et al. 2009; Bhatnagar et al. 2010; Din et al. 2013; Koduru et al. 2014) (Table 2). However, it may be noted that comparison is possible only in terms of adsorption capacity and not from the point of view of economics as it depends on many factors such as seasonal and local availability of the biosorbent, abundance, other possible utilization modes, cost of collection and utilization, and durability of functional (adsorption, in this case) properties on aging.

Kinetic Study

The adsorption of metal ion normally occurs in two phases, initial rapid phase followed by a slow one. Initial rapid phase is due to the presence of higher concentration gradient and availability of large number of unoccupied sites, both of which reduce in the second phase gradually leading to decrease in the rate of adsorption. The values of constants and correlation coefficients obtained in case of different kinetic models are given in Table 3.

The correlation coefficient values for the pseudosecondorder plot were close to unity for both RLP and ALP indicating that the adsorption process followed pseudosecond-order equation. The calculated q_e values are close to the actual values of pseudosecond-order model (Table 3). Co(II) adsorption follows pseudosecond-order fitting (Fig. 5a), and this has been established by many researchers (Suhasini et al. 1999; Manohar et al. 2006; Bhatnagar et al. 2010).

Weber Morris model (Fig. 5b) did not give a straight line passing through the origin, indicating that intraparticle diffusion was not the only rate determining step. The graph shows three portions: the initial linear portion due to the rapid external surface adsorption of solute on available binding sites of the sorbent; the next linear part due to gradual adsorption where intraparticle diffusion is the rate controlling step; and in the third part, due to very low



Table 2 Comparison of Co(II)	sorpti	ive capacity of different	adsorbents					
Adsorbent	Hd	Adsorbent dose (g/L)	Concentration range (mg/L)	Contact time	Particle size of adsorbent	Agitation speed (rpm)	q _e (mg/g)	References
Almond green hull	I	5	18–110	7 min	<44 µm	720	45.5	Ahmadpour et al. (2009)
Coir pith	4.3	2	20-50	2 h	300-600 µm	120	12.82	Parab et al. (2006)
Kaolinite	I	1	0-2400	2 h	-200 mesh	I	0.919	Yavuz et al. (2003)
Pretreated arca green hull	4.0	12.5	10-500	3 h	1	I	11.53	Dahiya et al. (2008)
Lemon peel (carbonized)	6.0	10	0-1000	10 h	BSS 150-200	200	22.0	Bhatnagar et al. (2010)
Schizandra chinesis Fruit peel	6.5	2	6-20	40 min	1	200	9.47	Koduru et al. (2014)
Saccharum bengalense	6.0	10	I	1 h	60-400 μm	I	14.51	Din et al. (2013)
RLP	6.0	2	25-600	6 h	$\approx 1 \text{ mm}$	150	20.83	This study
ALP	6.0	2	25-600	6 h	$\approx 1 \text{ mm}$	150	35.71	This study

Table 3 Kinetic value parameters for biosorption of $\operatorname{Co}(\mathrm{II})$ on RLP and ALP

	RLP	ALP
Pseudofirst order		
$q_{\rm e} ({\rm mg/g})$	5.68	14.13
$K_1(\times 10^{-3})(1/\text{min})$	13.82	9.21
r^2	0.674	0.827
Pseudosecond order		
$q_{\rm e} ({\rm mg/g})$	16.129	26.810
$K_2(\times 10^{-3})(g/mg min)$	4.136	1.556
$h = k_2 q_e^2 (\text{mg/g min})$	1.076	1.118
r^2	0.998	0.995
Intraparticle diffusion		
$K_{\rm i} \ ({\rm mg/g} \ {\rm h}^{1/2})$	7.603	11.62
r^2	0.999	0.997
$q_{\rm e,expt}$. (mg/g)	15.40	25.56



Fig. 5 a Pseudosecond order b Intraparticle diffusion model, for the adsorption of Co(II) ions on RLP and ALP (biosorbent dose = 2 g/L, $C_{o} = 100 \text{ mg/L}, \text{ pH} = 6$, shaking speed = 150 rpm, temperature = 30 °C)

adsorbate concentrations in the solution, the intraparticle diffusion starts to slow down leading to equilibrium as shown by the plateau region (Ghasemi et al. 2014).

Adsorbent	Adsorbed (%)	Desorbed (%)	Regeneration step	(metal ion adsor	rbed (%))		MSE	Hq			
			Without NaOH	With NaOH				Initial bath	Final bath	Final bath after adding	desorbed material
				Cycle 1	Cycle 2	Cycle 3				Without regeneration	With regeneration
RLP	27.62	98.65	17.68	26.27	27.18	26.29	0.18	9	4.63	4.24	4.71
ALP	56.87	96.96	38.51	55.48	56.23	56.67	0.24		5.81	5.13	5.75

Pable 4 Adsorption and desorption of Co(II) ion from solution with initial 100 mg/L Co(II) concentration

Effect of competing ions

Industrial wastewater generally contains cations (Na⁺, K^+ , Ca^{2+} , Mg^{2+}) and anions (Cl⁻, SO_4^{2-} , NO_3^{-}) along with heavy metal ions. The adsorption of heavy metal ions on the biosorbent decreases if other ions are present in the solution as they will compete with the metal ion for the sorption site. To study the influence of such ions, the experiments were performed under the optimized conditions in the presence of above-mentioned cations and anions. No significant effect on adsorption capacity of biosorbent was observed in case of cations at 50 mg/ L, but at 100 mg/L addition, the adsorption capacity decreased by 7.92 and 14.22 % due to the presence of Ca^{2+} and Mg^{2+} , respectively. The presence of Na⁺ and K⁺ ions did not have any effect on the adsorption capacity. The presence of anions at 50 mg/L as well as 100 mg/L did not show any inhibiting effect on the biosorption. The control experiments were also carried out under the optimized conditions without the addition of other ions (S 6). The increasing ionic strength has a great influence on the activity coefficient of cobalt ions, inhibiting their transport to the sorbent surface. CaCl₂ and MgCl₂ have more ionic strength than similar concentrations of NaCl and KCl. As a result, the adsorption capacity in the presence of Ca²⁺ and Mg²⁺ decreases indicating the influence of competitive adsorption (Han et al. 2006).

Desorption and recyclability study

During desorption, the biosorbent acts as an ion exchanger, exchanging Co(II) with H⁺ ions from the eluting acid. Dilute HCl (0.1 N) was found to be effective eluting agent for desorption of metal ions without affecting sorption capacity or damaging the physical structure of adsorbent in the successive cycles (S 7). Table 4 shows the adsorption and desorption efficiencies of RLP and ALP from a solution of 100 mg/L Co(II). Desorption was almost complete for both the sorbents. RLP and ALP were then subjected to adsorption-desorption cycles with an intermediate regeneration step with 0.01 N NaOH. It was observed that (Table 4) the adsorption efficiency was retained only when the materials after desorption were subjected to intermediate regeneration step, in the absence of which decrease in the adsorption efficiency was observed.

Thus, Co(II) ions showed 27.62 % adsorption on RLP and 56.87 % on ALP which decreased to 17.68 % and 38.51 % for RLP and ALP, respectively, when it was subjected only to washing with water after desorption. However, with regeneration, the readsorption values were successively 26.27, 27.18 and 26.29 % for RLP and 55.48,





Fig. 6 Treatment of synthetic wastewater (biosorbent dose = 5 g, pH = 6, flow rate = 5 mL/min, temperature = 30 °C)

56.23 and 56.67 % for ALP after each of the three adsorption desorption–regeneration cycles indicating nearly the same adsorption as that of the original material. No weight loss in the biomass was observed during this process confirming that no additional leaching takes place in the filtrate.

The pH after adsorption significantly decreased (Table 4) when the desorbed materials without regeneration were subjected to adsorption for the second time. This difference was due to the replacement of H^+ ions by the metal ions from the materials, which causes a decrease in pH of the starting bath. However, not much difference was observed in the adsorption capacity between pH 4.0 and 7.0. Regeneration of desorbed material released Na⁺ into the solution during adsorption, since the modification was carried out in alkaline medium resulting in the formation of sodium salt of respective acidic groups. The difference in pH before and after adsorption was found to be minimal in the case of ALP when it was used in the first adsorption cycle. Hence, a loading with Na⁺ is necessary after desorption and washing to maintain the material's original adsorption capacity.

Evidence of ion exchange process

Both metal ion and biosorbent are charged species causing electrostatic attraction; however, ion exchange predominates due to stronger bonding forces. The energydispersive X-ray spectroscopy (EDX) analysis clearly showed the involvement of ion exchange process in the metal ion adsorption. The characteristic cobalt peaks are present in the metal-loaded ALP (S 8b) which were absent in the ALP (S 8a). Once the adsorption of cobalt ions takes place on the ALP, the peaks due to Na⁺, Mg²⁺, K⁺ and Ca²⁺ which were present in ALP disappear confirming involvement of the ion exchange process (Iqbal et al. 2009). The ion exchange process was further confirmed by the desorption study of metal-loaded ALP, during which more than 96 % of the metal ions were liberated in the acidic media (0.1 N HCl) due to the exchange of metal ions with H⁺ ions in desorption process. Iqbal et al. (2009), Suryavanshi and Shukla (2010) have suggested similar ion exchange mechanism in case of other biosorbents. The ion exchange mechanism between Na⁺ of the ALP and the Co(II) follows the reaction:

Treatment of synthetic wastewater

The high adsorption capacity of the ALP obtained in the batch study can be effectively utilized for the removal of cobalt ions from the wastewater using packed columns. The synthetic wastewater was passed at 5 mL/min flow rate through a glass column (17 cm length and 1.5 cm internal diameter) packed with 5 g of ALP on glass wool support. From the breakthrough curve (Fig. 6), it is clear that 1600 mL of wastewater could be treated effectively by 5 g ALP (i.e., 320 L of wastewater using 1 kg of biosorbent). Bhatnagar et al. (2010) have shown that using one kilogram of lemon peel-activated carbon, 210 L of synthetic wastewater can be treated which is 34.38 % less than the ALP. Thus, ALP has a potential of wastewater treatment and extensive studies in this direction are in progress.

Conclusion

ALP was found to be effective for the adsorptive separation of cobalt ions from solution owing to its high adsorption capacity mainly on carboxyl groups. Almost complete desorption of the Co(II) ions from RLP and ALP as well as the EDX spectra before and after Co(II) adsorption confirmed that the process involved was an ion exchange. The adsorption capacity increased with increase in pH up to 6.0, beyond which it remained constant till pH 7.0 and thereafter precipitation of Co hydroxide started. The FTIR spectrum clearly showed the modification of functional groups and enhancement in the intensity of peaks. The increase in adsorption capacity of ALP has been explained by the increase in the number of grooves seen in SEM image of ALP. The adsorption followed Langmuir isotherm and pseudosecond-order kinetic model. One kilogram of ALP could successfully treat 320 L of synthetic wastewater containing various competing ions.

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Conflict of interest The authors declare that they have no conflict of interest.

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